

For Immediate Release

**Sterling Office and Industrial Trust Convened its 2019
Annual Shareholder Meeting in Fargo, North Dakota**

Company Release – June 26, 2019

FARGO, NORTH DAKOTA – Sterling Office and Industrial Trust convened its 2019 Annual Shareholder Meeting on Wednesday, June 19, 2018 at the Holiday Inn in Fargo, North Dakota. More than 40 shareholders and unitholders attended the event.

ABOUT STERLING OFFICE AND INDUSTRIAL TRUST

Sterling Office and Industrial Trust is a registered, but unincorporated business trust formed in North Dakota to invest in primarily office and industrial buildings. The Trust operates as an Umbrella Partnership Real Estate Investment Trust, and holds all of its assets through Sterling Office and Industrial Properties, LLLP, which the Trust controls as general partner.

Cellina Rufty
Investor Relations and Communications Coordinator
For Additional Information
1711 Gold Drive South, Suite 100
Fargo, ND 58103
(701) 205-1146