For Immediate Release

Sterling Office and Industrial Trust Convened Its Annual Shareholder Meeting in Fargo, North Dakota

Company Release – June 23, 2025

FARGO, NORTH DAKOTA – Sterling Office and Industrial Trust (the "Trust") convened its Annual Shareholder Meeting on Tuesday, June 17, 2025, at the Avalon Events Center in Fargo, North Dakota.

At the Annual Shareholder Meeting, the shareholders voted to elect the 2025-2026 Board of Trustees and to ratify the appointment of RSM US, LLP as the Trust's independent registered public accounting firm for the year ending December 31, 2025. The results of the vote are as follows:

- 1. The shareholders elected the following individuals to the Board of Trustees for 2025-2026: Joel S. Thomsen, Erica J. Chaffee, Timothy L. Haugen, Rup K. Nagala, Kenneth P. Regan, James S. Wieland, Lance R. Wolf, and Wilbur D. Wright.
- 2. The shareholders ratified the appointment of RSM US, LLP to serve as the Trust's independent registered public accounting firm for the year ending December 31, 2025.

ABOUT STERLING OFFICE AND INDUSTRIAL TRUST

Sterling Office and Industrial Trust is a registered, but unincorporated business trust formed in North Dakota to invest in primarily office and industrial buildings. The Trust operates as an Umbrella Partnership Real Estate Investment Trust, and holds all of its assets through Sterling Office and Industrial Properties, LLLP, which the Trust controls as general partner.

Michael P. Carlson General Counsel & Secretary

For Additional Information 4340 18th Avenue South, Suite 200 Fargo, ND 58103 (701) 353-2720